

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



10:30 Rosary-C
11:00 Mass-C

Canada Day

10:30 Rosary-C
11:00 Mass -C
2:00 Bingo (Pay as you go)
NMR

9:30 Shop Aldi's
9:30 Cardio Exercise AR1
2:00 July 4 celebration
Entertainment by The
Best tappers in St. Louis
The St. Louis Strutters
AR1 &2

9:30 Exercise AR1
1:00 Sr. Dorothy Venhaus Sings
along with
The St. Peters Choral Society
Video "America United We Stand-
AR1
2:00 Bingo AR1
**Happy Birthday
Mary G.**

9:30 Tai Chi AR1
11:00 Lunch at Freddie's -
Steak Burgers & Frozen Custard.
1:00 Art w/ Pat AR2
Dandelion Vases -Mold , Bake &
Paint
1:00 Balance Class AR1
3:00 Bingo AR1

9:30 Chair Yoga AR1
9:30 Walmart
1:15 Belles of Sarah AR1
2:30 Resource Management
Recycling Co. (Do's and Don'ts
on Recycling.)
AR2
**Happy Birthday
Lorraine J.**

9:30 Music, Motion & Fun w/7
Sherry AR1
9:30 Walgreens
12-4pm Adoration-C
1:30 Bookmobile -L
2:30 Movie The Shack
A spiritual Journey- AR1

10:30 Rosary-C
11:00 Mass-C
1:00 Video & Discussion w/
Marlene-
John Philip Sousa's
"Stars & Stripes Forever"
Called the March King.
AR1

10:30 Rosary-C
11:00 Mass -C
2:00 Bingo (Pay as you go)
NMR

9:30 Cardio Exercise
VH. 2nd Floor
9:30 Shop n Save

3:15 Naomi Cocktail Hour
NL

8:00-1:00pm Dr. Appointments
**9:30 New Exercise Program
Vitality Ballet Movements**
VH 2nd Floor
1:00 Chair Yoga -VH 2nd Fl
1:30 Food Committee NDR
2:00 Bingo V.H. D,R
3-4:00pm Come to the Well
w/ Rev. Victoria NMR
Happy Birthday Dorothy O.

9:30 Tai Chi -VH 2nd Fl
9:30 King Tut Exhibit Science
Center \$7.00 Member
\$16.00 no member
12:30Book Club-NM
1:00 Standing Balance Class
VH 2nd Floor
3:00 Bingo -Deli
By Chapel

8:00-1:00pm Dr. Appointments
9:30 Chair Yoga -VH
2nd Fl.
1:30 Dollar Tree
2:00 Tibetan Singing Bowls
w/ Kate VH Dining Room
The rich, harmonic overtones
Produced by singing bowls.

9:30 Music, Motion & Fun w/ Sherry
AR1
10-10:45 Confessions-C
1-2 Mandalas w/Rev.
Victoria VH Kit
1:30 Bookmobile-L
2:00 Cocktail Hour w/
Entertainment by Lee Carter
AR2
Happy Birthday Alma C.

10:30 Rosary-C
11:00 Mass-C

10:30 Rosary-C
11:00 Mass -C
2:00 Bingo (Pay as you go)
NMR
**Happy Birthday
S. Mary C.**

9:30 Schnucks
9:30 Cardio Exercise AR1
**1:30 Men's Club
Movie -Wind Talkers**
True Story - Navajo marines
used their Language as an
Unbreakable radio cypher.
Snacks, Soda & Beer
AR1

8:00-1:00pm Dr. Appointments
9:00Tony's Donuts AR2
9:30 Exercise AR1
1:00 CHAIR YOGA AR2
2:00 BINGO AR1
3-4 Walking w/ Naomi w/ Rev
Victoria NMR

9:30 Tai Chi AR1
12:00 July Birthday Lunch w/
John Scott AR2
(Only for July & Guest
1-2:00pm Meet w/ Social Worker NH
1:00 Balance Class VH 2nd Floor
1:30 Ceramics AR2
2-2:45 Spiritual Reflections w/ SR. Elaine. AH
2nd Fl Cm. Rm
3:00 Bingo AR2
Happy B. Day S. Cecile M & Lois W.

8:00-1:00pm Dr. Appointments
9:30 Chair Yoga
VH. 2nd Floor
1:15 Belles of Sarah VH
2nd Fl.
3-4 Contemplative Prayer NH
Back Living Rm.
**Happy Birthday
Joann S.**

9:00 Donuts w/Directors
NL
9:30 Music, Motion & Fun w/
Sherry AR1
1:30 Bookmobile-L
2:00 Entertainment by
Ken Barnes AR2
Snacks & Soda.

10:30 Rosary-C
11:00 Mass-C
1:00 Video & Discussion w/
Marlene
100th anniversary of
U.S. entering World War 1,
1917
AR1

10:30 Rosary-C
11:00 Mass -C
2:00 Bingo (Pay as you go)
NMR
**3:00 Show Tunes w/
Connie and Amelia
AR1**

9:30Dierbergs
9:30 Cardio Exercise AR1
1:30 Post Office & Bank
2:00 Spa Day w/
Wine , Sparkling Grape Juice
& Cheese & Crackers AR2

8:00-1:00pm Dr. Appointments
9:30 Exercise AR1
1:00 Chair Yoga AR2
1:30 Talent Show for Residents &
Staff AR1
3:00 Bible Study AR2
6:30 Entertainment by Isaac &
Sophia - piano & accordion
AR1

9:00 Waffle Wednesday
AR2
**8:30 Trip to IL. RITRO
Franciscan Retreat Center.
10:00 Mass
11:00 lunch**
9:30 Tai Chi AR1
1:00 Balance Class
3:00 Bingo AR1

8:00-1:00pm Dr. Appointments
9:30 Chair Yoga
VH 2nd Floor
11:15 Breaking Bread
"Summer Time" BBQ
Entertainment by Bill Row & Son
AR1 &2
2:00 Bingo AR1

9:30 Music, Motion & Fun w/
Sherry. AR1
1:30 Bookmobile -L.
3-4 Ecumenical Worship led
by Rev. Victoria AR2

10:30 Rosary-C
11:00 Mass-C
**Happy Birthday
James F.**

10:30 Rosary-C
11:00 Mass -C
2:00 Bingo (Pay as you go)
NMR
**Happy Birthday
Madeline B.**

9:30 Cardio Exercise AR1
9:30 Ruler Foods
2:30 Town Hall Meeting &
2:45 Presentation-W/
Pharmacy
Students- Partner for Health
AR1

Naomi House

*May we think of Freedom, not as the right to do as we please,
but as the opportunity to do what is right. Peter Marshall*