

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



10:30 Rosary-C
11:00 Mass-C
**Happy B. Day
S.Louise B**

Canada Day

10:30 Rosary-C 11:00 Mass -C 3:00 Bingo MR	2	9:15 Shop Aldi's 9:30 Cardio Exercise AR1 2:00 July 4 celebration Entertainment by The Best tappers in St. Louis The St. Louis Strutters AR1 &2	3	9:30 Exercise AR1 1:00 Sr. Dorothy Venhaus Sings along with The St. Peters Choral Society Video "America United We Stand- AR1 2:00 Bingo AR1	4	9:30 Tai Chi AR1 10:45 Lunch at Freddie's - Steak Burgers & Frozen Custard. 1:00 Art w/ Pat AR2 Dandelion Vases -Mold , Bake & Paint 1:00 Balance Class AR1 3:00 Bingo AR1	5	9:30 Chair Yoga AR1 9:15 Walmart 1:15 Belles of Sarah AR1 2:30 Resource Management Recycling Co. (Do's and Don'ts on Recycling.) AR2 Happy B. Day S.LaVerne K.	6	9:30 Music, Motion & Fun w/ Sherry AR1 9:15 Walgreens 12-4pm Adoration-C 1:30 Bookmobile -L 2:30 Movie The Shack A spiritual Journey- AR1 Happy B. Day S. Irene K & S. Philip & S. Virginia S.	7	10:30 Rosary-C 11:00 Mass-C 1:00 Video & Discussion w/ Marlene- John Philip Sousa's "Stars & Stripes Forever" Called the March King. AR1	8
10:30 Rosary-C 11:00 Mass -C 3:00 Bingo MR Happy B. Day Irma C.	9	9:30 Cardio Exercise VH. 2 nd Floor 9:15 Shop n Save 10:00 Heavenly Hash w/Sr. Rose VH Kitchen 1:15 Food Committee VH Private DR	10	9:30 New Exercise Program Vitality Ballet Movements VH 2 nd Floor 1:00 Chair Yoga -VH 2 nd Fl 2:00 Bingo V.H. D.R. Happy B. Day S.Dolores S.	11	9:15 King Tut Exhibit Science Center \$7.00 Members &16.00 Nonmembers 9:30 Tai Chi -VH 2 nd Fl 1:00 Standing Balance Class VH 2 nd Floor 3:00 Bingo -Deli By Chapel	12	9:30 Chair Yoga -VH 2 nd Fl. 1:15 Dollar Tree 2:00 Tibetan Sing Bowls w/ Kate A Rich, harmonic overtones produced by singing bowls. VH Dining Room	13	9:30 Music, Motion & Fun w/ Sherry AR1 10-10:45 Confessions-C 1-2 Mandalas w/Rev. Victoria VH Kit 1:30 Bookmobile-L 2:00 Cocktail Hour w/ Entertainment by Lee Carter AR2 Happy B.Day Margaret G.	14	10:30 Rosary-C 11:00 Mass-C	15
10:30 Rosary-C 11:00 Mass -C 3:00 Bingo MR	16	9:15 Schnucks 9:30 Cardio Exercise AR1 1:30 Men's Club Movie; Wind Talkers True Story; World War 11 assigned Navajo Marines to use their language as an Unbreakable radio Cypher AR1	17	9:00 Tony's Donuts AR2 9:30 Exercise AR1 1:00 CHAIR YOGA AR2 2:00 BINGO AR1 HAPPY B.DAY EMMA C.	18	9:30 Tai Chi AR1 12:00 July Birthday Lunch w/ John Scott AR2 (Only for July & Guest 1:00 Balance Class VH2nd floor 1:30 Ceramics AR2 2-2:45 Spiritual Reflections w/ SR. Rose AH 2 nd Fl Cm. Rm 3:00 Bingo AR2	19	9:30 Chair Yoga VH. 2 nd Floor 1:15 Belles of Sarah VH 2 nd Fl. 3-4 Contemplative Prayer NH Back Living Rm.	20	9:30 Music, Motion & Fun w/ Sherry AR1 1:30 Bookmobile-L 2:00 Entertainment by Ken Barnes AR2 Snacks & Soda.	21	10:30 Rosary-C 11:00 Mass-C 1:00 Video & Discussion w/ Marlene 100 th anniversary of U.S. entering World War 1, 1917 AR1	22
10:30 Rosary-C 11:00 Mass -C 3:00 Bingo -MR 3:00 Show Tunes Entertainment by Connie & Amelia AR1	23	9:15 Dierbergs 9:30 Cardio Exercise AR1 1:15 Post Office 2:00 Spa Day w/ Wine , Sparkling Grape Juice & Cheese & Crackers AR2	24	9:30 Exercise AR1 1:00 Chair Yoga AR2 1:30 Talent Show for Residents & Staff AR1 3:00 Bible Study AR2 6:30 Entertainment by Isaac & Sophia - piano & accordion AR1 Happy B.Day S. Carine D.	25	9:00 Waffle Wednesday AR2 8:15 Trip to IL. RITRO Franciscan Retreat Center. 10:00 Mass w/Fr. Pio 11:00 Lunch \$15.00 9:30 Tai Chi AR1 1:00 Balance Class 1:30 Town Hall AR1 3:00 Bingo AR1	26	9:30 Chair Yoga VH 2 nd Floor 11:15 Breaking Bread "Summer Time' BBQ Entertainment by Bill Row & Son AR1 &2 2:00 Bingo AR1	27	9:30 Music, Motion & Fun w/ Sherry. AR1 10-10:45 Confessions 1:30 Bookmobile -L. 3-4 Ecumenical Worship led by Rev. Victoria AR2	28	10:30 Rosary-C 11:00 Mass-C	29
10:30 Rosary-C 11:00 Mass -C 3:00 Bingo MR	30	9:30 Cardio Exercise AR1 9:15 Ruler Foods	31	<p>Veronica House</p> <p><i>May we think of Freedom, not as the right to do as we please, but as the opportunity to do what is right. Peter Marshall</i></p>									