

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday



Saturday

- ★ Be Active
- ★ Be Social
- ★ Be Connected
- ★ Be Entertained
- ★ Be Spiritual
- ★ Be Creative
- ★ Nature



November 2018

Naomi House "Vitality Enrichment"

<p>10:30 Rosary-C 11:00 Mass-C ★2:00 Bingo-(Pay as You Go) NMR</p>  <p>Daylight Saving Time Ends</p>	<p>★9:30 Cardio AR1 9:30 Schnucks ★1:30 Philosophical Café w/ David AR2 ★3:15 Bingo AR1</p>	<p>★9:30 Vitality Stretch Ballet Movements AR1 ★9:00 Voting at Library 1:30 Walgreens ★1:30 Movie Channel 7 All Saints ★2:00 Mats for the Homeless VH Media Rm Happy B. Day Sr. Marcella Ewers</p>	<p>★9:30 New Senior Fitness Class AR1! 10:00 Brunch at Cracker Barrel ★1:00 Movie Channel 7 "Wonder" 2:00 Understanding Parkinson's /VH Kit</p>	<p>All Saints Day (Holy Day of Obligation) ★9:30 Chair Yoga AR1 9:30 Shop Kolhs ★2:00 Art Experience w/ Carla Chalk Pastels Pumpkins AR2 ★2:00 Mats for the Homeless VH Media Rm 3:00 Ecumenical Worship w/ Rev. Victoria AR1 Happy B. Day Frank Albers</p>	<p>All Souls Day 9:30 Patriotic DVD Exercise AR1 12:00 -4 Adoration -C ★1:30 Bookmobile -L 2:00 Bingo AR1 ★6:30 Lindberg high school Strolling Strings <i>Hear the beautiful sounds of 20 Violinist performing AR 1 &2</i></p>	<p>10:30 Rosary-C 11:00 Mass-C ★1:30 Video & Discussion w/ Marlene AR1 The Origin of Thanksgiving Holiday. Happy B. Day Burnett Eberlin</p>
<p>10:30 Rosary-C 11:00 Mass-C ★2:00 Bingo-(Pay as You Go) NMR</p> <p>Veterans Day (US) Remembrance Day (Canada)</p>	<p>★9:30 Cardio AR1 10:00 Soldiers Memorial New Renovated Museum - Free ★1:30 Food Committee NDR 1:30 Travel Time w/ Jean AR1 ★3:15 Happy Hour NL Happy B. Day Bernice Brockmeyer</p>	<p>★9:00 Tony's Donuts AR2 ★9:30 Vitality Stretch Ballet Movements AR1 10:00 Shop The Resale Shop/25% off 10:00 Heavenly Hash w/Sr. Rose VH Kit. ★1:00 Gym Equipment Instructions -Fitness Room 1:30 Yoga w/ Carol AR2 ★2:00 Mats for the Homeless VH Media Rm ★2:30 Bingo AR1 6:00 Movie Night</p>	<p>9:00AM -4:00PM AR 1 &2  Annual Fall Craft Fair</p>	<p>Peace Poll Prayer After Mass 9:30 Walmart ★9:30 Chair Yoga AR1 1:30 Belles of Sarah AR1 ★2:00 Mats for the Homeless VH Media Rm ★3:00 Bingo AR1 3-4pm Contemplative Prayer NH 2nd Fl back LR 6:00 Movie Night -Channel 7</p>	<p>9:00 Symphony Coffee Concert Copland's Third (Payment of \$27.00 to Kay by Nov. 8) ★9:30 Donuts w/Director NL ★9:30 Music & Motion w/ Sherry AR1 10-10:45 Confessions -C ★1:30 Bookmobile -L ★2:00 Community Birthday Party w/ One more Round AR2</p>	<p>10:30 Rosary-C 11:00 Mass-C 2:30 Annual Memorial Service-C</p>
<p>10:30 Rosary-C 11:00 Mass-C ★2:00 Bingo-(Pay as You Go) NMR</p> <p>Happy B. Day Sr. Damian Wetzel</p>	<p>★9:30 Cardio AR1 10:30 Shop Aldi ★12:30 Book Club VH 2nd fl Media Rm 2:30 Christmas Mason Jar Craft AR1</p>	<p>★9:30 Vitality Stretch Ballet Movements AR1 9:30 Shop Dollar Tree 1:15 Yoga w/ Carol VH 1st fl Media Rm ★2:00 Mats for the Homeless VH Media Rm ★2:00 Bingo AR1 3:00 Bible Study w/Fr. Pio AR2 ★6:00 Movie Night/Channel 7</p>	<p>★9:00 Waffle Wednesday AR2 ★9:30 New Senior Fitness Class AR1! 1:30 Balance Class AR1 ★2:00 Ceramics w/ Mary AR2 Happy B. Day</p>	<p>Happy Thanksgiving Happy B. Day Sr. Cecilia Lackman & Elizabeth Reding Thanksgiving Day (US)</p>	<p>★9:30 Music & Motion w/ Sherry AR1 ★1:30 Bookmobile -Cancelled ★1:30 Black Friday Bingo AR1</p>	<p>10:30 Rosary-C 11:00 Mass-C ★1:30 Video & Discussion w/ Marlene AR1 November Christmas Happy B. Day Sr. Helen Brewer & Barbara Lehmann</p>
<p>10:30 Rosary-C 11:00 Mass-C ★2:00 Bingo-(Pay as You Go) NMR</p>	<p>★9:30 Cardio AR1 9:30 Save -a-lot 12:00 Post Office & Bank ★1:30 Bingo AR1 ★2:30 Town Hall AR1 ★6:30 Isaac on piano AR2</p>	<p>★9:30 Vitality Stretch Ballet Movements AR1 9:30 Shop Walmart ★1:00 Gym Equipment Instructions -Fitness Room 1:15 Yoga w/ Carol VH 1st floor Media Rm 2:00 Mats for the Homeless VH Media Rm ★2:00 St. Louis Strutter's Christmas show AR 1 &2 ★6:00 Movie Night /Channel 7</p>	<p>★9:30 New Senior Fitness Class AR1! 11:00 Lunch at Steak N Shake ★2:00 Bingo AR1</p>	<p>★9:30 Chair Yoga AR1 ★12:00 November Birthday Lunch w/ Lee's Chicken & Games AR2 ★1:30 Belles of Sarah AR1 3:00 Ecumenical Worship w/ Rev. Victoria AR1 ★6:00 Movie Night Channel 7</p>	<p>★9:30 Music & Motion w/ Sherry AR1 ★1:30 Bookmobile -L ★2:00 Happy Hour w/Scott Laythem & Tricky AR2</p>	<p>Daily Rosary & Mass 10:30am Rosary 11:00am Mass</p>