

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

- ★ Be Active
- ★ Be Social
- ★ Be Connected
- ★ Be Entertained
- ★ Be Spiritual
- ★ Be Creative
- ★ Nature



November 2018

Veronica House "Vitality Enrichment"

10:30 Rosary-C
11:00 Mass-C
★3:00 Bingo VH Media Rm



Daylight Saving Time Ends

4 ★9:30 Cardio AR1
9:15 Schnucks
★1:30 Philosophical Café w/ David AR2
★3:15 Bingo AR1

Happy B. Day Theresa Duefahrd.

5 ★9:30 Vitality Stretch Ballet Movements AR1
★11:00 Voting at Library
1:15 Walgreens
★1:00 Movie – "All Saints" Channel 7
★2:00 Mats for the Homeless VH Media Rm

6 ★9:30 New Senior Fitness Class ! AR1
9:45 Brunch at Cracker Barrel
★1:00 Movie Channel 7 "Wonder"
★2:00 Understanding Parkinson's / VH. Kit

All Saints Day (Holy Day of Obligation)
★9:30 Chair Yoga AR1
9:15 Shop Kohls
★2:00 Art Experience w/ Carla Chalk Pastels Pumpkins AR2
★2:00 Mats for the Homeless VH Media Rm
3:00 Ecumenical Worship Service w/Rev. Victoria AR1

1 All Souls Day
12:00 -4 Adoration -C
9:30 Patriotic Dvd Exercise AR1
★1:30 Bookmobile -L
2:00 Bingo AR1
★6:30 Lindberg high school Strolling Strings
Hear the beautiful sounds of 20 Violinist performing AR 1 & 2
Happy B. Day Harold Smith

10:30 Rosary-C
11:00 Mass-C

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★3:00 Bingo VH Media Rm

Veterans Day (US)
Remembrance Day (Canada)

11 ★9:30 Cardio AR1
9:45 Soldiers Memorial New Renovated Museum -Free
★1:30 Travel Time w/ Jean AR1

12 ★9:00 Tony's Donuts AR2
★9:30 Vitality Stretch Ballet Movements AR1
9:45 Shop The Resale Shop/25% off
10:00 Heavenly Hash w/Sr. Rose VH Kit.
★1:30 Yoga w/ Carol AR2
★2:00 Mats for the Homeless VH Media Rm
★2:30 Bingo AR1
★6:00 Movie Night Channel 7

13 9:00AM -4:00PM AR 1 & 2
14  Annual Fall Craft Fair

15 Peace Poll Prayer After Mass
9:15 Walmart
★9:30 Chair Yoga AR1
★2:00 Mats for the Homeless VH Media Rm
1:30 Belles of Sarah AR1
★3:00 Bingo AR1
★6:00 Movie Night Channel 7

16 8:45 Symphony Coffee Concert
Copland's Third (Payment of \$27.00 to Kay by Nov. 8)
★9:30 Music & Motion w/ Sherry AR1
10-10:45 Confessions -C
★1:30 Bookmobile -L
★2:00 Community Birthday Party w/ One more Round AR2
Happy B. Day Sr. Joan Weissert

17 10:30 Rosary-C
11:00 Mass-C
2:30 Annual Memorial Service-C

10:30 Rosary-C
11:00 Mass-C
★3:00 Bingo VH Media Rm

Happy B. Day Clarenda Janis

18 ★9:30 Cardio AR1
10:15 Shop Aldi
★2:30 Christmas Mason Jar Crafts AR1

19 ★9:30 Vitality Stretch Ballet Movements AR1
9:15 Shop Dollar Tree
★1:15 Yoga w/ Carol -VH 1st Fl
★2:00 Mats for the Homeless VH Media Rm
★2:00 Bingo AR1
3:00 Bible Study w/Fr. Pio AR2
★6:00 Movie Night Channel 7

20 ★9:00 Waffle Wednesday AR2
★9:30 New Senior Fitness Class AR1
★1:30 Balance Class AR1
★2:00 Ceramics w/ Mary AR2

21  Happy Thanksgiving
Thanksgiving Day (US)

22 ★9:30 Music & Motion w/ Sherry AR1
★1:30 Bookmobile Canceled
★1:30 Black Friday Bingo AR1

23 10:30 Rosary-C
11:00 Mass-C
★1:30 Video & Discussion w/ Marlene AR1
November Christmas

10:30 Rosary-C
11:00 Mass-C
★3:00 Bingo VH Media Rm

25 ★9:30 Cardio AR1
9:15 Save -a-lot
12:00 Post Office & Bank
★1:30 Food Committee VH Game Rm
★1:30 Bingo AR1
★6:30 Isaac on piano AR2

26 ★9:30 Vitality Stretch Ballet Movements AR1
9:15 Shop Walmart
★1:15 Yoga w/ Carol VH 1st floor
2:00 Mats for the Homeless VH Media Rm
★2:00 St. Louis Strutter's Christmas show AR 1 & 2
★6:00 Movie Night Channel 7

27 ★9:30 New Senior Fitness Class AR1
10:45 Lunch at Steak N Shake
★1:30 VH TownHall Meeting AR1
★2:00 Bingo AR1

28 ★9:30 Chair Yoga AR1
★12:00 November Birthday Lunch w/ Lee's Chicken & Games AR2
★1:30 Belles of Sarah AR1
3:00 Ecumenical Worship w/ Rev. Victoria AR1
★6:00 Movie Night/Channel 7 Channel 7

29 ★9:30 Music & Motion w/ Sherry AR1
★1:30 Bookmobile -L
★2:00 Happy Hour w/Scott Laythem & Tricky AR2

30 **Daily Rosary & Mass**
10:30am Rosary
11:00am Mass