

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

- ★ Be Active
- ★ Be Social
- ★ Nature
- ★ Be Spiritual
- ★ Be Creative
- ★ Be Entertained
- ★ Be Connected

# December 2018

## Anna & Elizabeth House "Vitality Enrichment"

10:30 Rosary-C 11:00 Mass-C	<b>2</b>	★9:30 Cardio AR1 10 Confessions-c ★1:30 Philosophical I Café w/ David AR2 <b>5:30 Christmas Lights at St.Charles</b> 6:30 Support Dogs HH ★7:00 St. Peters Choral Society Christmas Performance- Chapel <small>First Day of Hanukkah</small>	<b>3</b>	★9:30 Vitality Ballet Exercise Movements AR1 9:30 Music w/ Jill HH 2:30 Bingo AR1 ★6:30 Game Night w/ Holy Spirit Youth Group AR1	<b>4</b>	★9:30 Senior Fitness AR1 ★1:30 Balance Class AR1 ★2:00 Town Hall AR1 ★3:00 Bingo AR1 <b>6:30 Movie –Channel 7 Ring in Christmas w/ Mormon Tabernacle Choir</b>	<b>5</b>	★9:30 Chair Yoga w/ Barbara AR1 ★Music w/ Troy HH  <b>★6:30 River city Pops Perform AR1</b>  <b>Happy B. Day S. Mary Richelle</b>	<b>6</b>	★9:30 Exercise HH 12-4 Adoration –C ★1:30 Bookmobile -L	<b>7</b>	10:30 Rosary-C 11:00 Mass-C <b>★3:00 Christmas Performance By The Kirkwood Methodist Church Hand Bells Ensemble AR 1 &amp; 2</b>	<b>8</b>
10:30 Rosary-C 11:00 Mass-C <b>★3:00 Christmas w/ The Choir Boys AR1 &amp; 2</b>	<b>9</b>	★9:30 Cardio AR1 ★2:00 Resident Council AR2 <b>★5:30-6:00 The Naomi's Christmas Carolers AH</b>  <b>Happy B. Day S.Judith Jung</b>	<b>10</b>	★9:30 Vitality Ballet Exercise Movements AR1 ★2:30 Bingo AR1 ★6:30 Movie Night Channel 7- A Christmas Memory	<b>11</b>	★9:00 Tony's Donuts AR2 ★9:30 Senior Fitness AR1 ★1:30 Balance Class AR2 2:00 Peace Pole Prayer -C <b>★2:00 Christmas Movie w/ Julie Andrews- One Special Night AR1</b> <b>★5:30 Caroling by Naomi</b> 5:30Tree Trimming w/ Cub Scouts From Holy Spirit AR2	<b>12</b>	★9:30 Chair Yoga w/ Barbara AR1 <b>★1:30 Bonsai Presentation From Sherwood Forest AR2</b> ★3:00 Christmas Musical Bingo \$\$ & Prizes!	<b>13</b>	★9:30 Music & Motion w/ Sherry AR1 1:30 Penance Service -C ★1:30 Bookmobile -L	<b>14</b>	10:30 Rosary-C 11:00 Mass-C	<b>15</b>
10:30 Rosary-C 11:00 Mass-C	<b>16</b>	★9:30 Cardio AR1 10:00 Confessions-c <b>10:30 Christmas Novena –C</b> 1:30 Art w/ Pat AR2 ★2:30 Entertainment with <i>Just The Two of Us</i> AR1 3:30 Ecumenical Service w/ Rev. Victoria AR1 6:30 Support Dogs HH <b>Happy B. Day Janet Nilson</b>	<b>17</b>	9:30 Music w/ Jill HH <b>10:30 Christmas Novena –C</b> <b>★1:30 Chair Yoga VH 1<sup>st</sup> Floor</b> ★6:30 Rehka Plays Piano AR2	<b>18</b>	★9:30 Senior FitnessAR1 <b>10:30 Christmas Novena -C</b> ★1:30 Balance Class AR1 2:00 Spiritual Reflections AH 2:00 Bingo AR1 2 <sup>nd</sup> Fl Community Rm <b>★6:30 Movie –Channel 7 The Christmas Candle</b>	<b>19</b>	★9:30 Chair Yoga w/ Barbara AR1 <b>10:30 Christmas Novena –C</b>  <b>★1:30 Belles of Sarah Christmas Program</b>  3:00 Bingo AR1	<b>20</b>	★9:30 Music & Motion w/ Sherry AR1 <b>10:30 Christmas Novena -C</b> ★1:30 Bookmobile -L <b>★2:00 Country Christmas &amp; Birthday party AR1 &amp; 2</b> Wear your Best Western Out-fit!  <small>Winter Begins</small>	<b>21</b>	<b>10:30 Christmas Novena -C</b> 11:00 Mass-C ★1:30 Video & Discussion w/ Marlene AR1 "Silent Night" The Christmas Carol <b>Happy B. Day S. Sharon Rempe</b>	<b>22</b>
<b>10:35 Christmas Novena (No Rosary)</b>	<b>23</b>	★9:30 Cardio AR1 <b>(No 11:00am Mass or Rosary.)</b> ★2:00 Bingo AR1 7-8 Christmas Eve Vigil Mass	<b>24</b>	<b>11:00 Christmas Mass-C</b>	<b>25</b>	★9:00 Waffle Wed AR2 ★9:30 Senior Fitness AR1 <b>1:00 Am Vets Post 122 Meeting AR2</b> ★2:30 Video & Discussion w/ Marlene AR1 Mormon Tabernacle Christmas Concert <b>Happy B. Day Mary Remiger</b> <small>Janzaa Begins</small>	<b>26</b>	★9:30 Chair Yoga w/ Barbara AR1 <b>★12:00 Dec. Birthday Lunch &amp; Games AR1</b> ★2:00 Bingo AR1	<b>27</b>	★9:30 Music & Motion w/ Sherry AR1 <b>No Bookmobile</b> <b>★2:00 New Years Eve Party w/entertainment &amp; Enjoy White Castle Burgers!</b> 6:30 Movie –Channel 7 <b>Happy B. Day Anne Ford &amp; David Trosky &amp; Annette LeDuc</b>	<b>28</b>	10:30 Rosary-C 11:00 Mass-C	<b>29</b>
10:30 Rosary-C 11:00 Mass-C  <b>Happy B.Day S. Mary Rottijakob</b>	<b>30</b>	★9:30 Cardio AR1 1:30 Travel Time w/ Jean AR2  <small>New Year's Eve</small>	<b>31</b>	<p style="font-size: 1.2em; font-family: cursive;">Have a Joyful &amp; a Merry Christmas</p> <p style="font-size: 1.2em; font-family: cursive;">From All of Us at The Sarah Community</p> <p style="font-size: 0.8em; font-weight: bold;">Rosary &amp; Mass Daily</p> <p style="font-size: 0.8em; font-weight: bold;">Rosary 10:30am &amp; Mass 11:00am -Chapel</p>									