

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Naomi House "Vitality Enrichment"

- ★ Be Active
- ★ Be Social
- ★ Nature
- ★ Be Spiritual
- ★ Be Creative
- ★ Be Entertained

★ Be Connected

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|--|--|--|---|---|---|---|--|
| 10:30 Rosary-C 11:00 Mass-C ★ 2:00 Bingo (Pay As You Go) NMR Happy B. Day Ann Garcia | 2 ★ 9:30 Cardio AR1 9:30 Shop Aldis ★ 12:45 Gym Equipment Instructions F.R ★ 1:30 Senior Fitness NH Fitness Rm ★ 1:30 Philosophical I Café w/ David AR2 ★ 3:15 Happy Hour w/ Entertainment NL ★ 7:00 St. Peters Choral Society Christmas Performance- Chapel First Day of Hanukkah | 3 ★ 9:30 Vitality Ballet Exercise Movements AR1 9:30 Walgreens 1:15 Chair Yoga AR1 2:30 Bingo AR1 ★ 6:30 Game Night w/ Holy Spirit Youth Group AR1 | 4 ★ 9:30 Senior Fitness AR1 ★ 1:30 Balance Class AR1 1:30-2:30 Coffee w/ Social Worker NL ★ 3:00 Bingo AR1 ★ 6:30 Ring Christmas Belles By The Mormon Tabernacle Choir -Channel 7 | 5 ★ 9:30 Chair Yoga w/ Barbara AR1 9:30 Dollar Tree ★ 1:30 Belles of Sarah AR1 ★ 3-4 Women of the Bible NMR. ★ 3:30 Lady of the Snow for Buffet & The Way of lights Christmas Display Buffet is \$20.00 ★ 6:30 River city pops Perform AR1 | 6 ★ 9:30 Music & Motion w/ Sherry -Naomi Fitness Rm ★ 9:30 Shop Gordmans St. Charles 12-4 Adoration -C ★ 1:30 Bookmobile -L | 7 10:30 Rosary-C 11:00 Mass-C Solemnity of the Feast of the Immaculate Conception ★ Christmas Brunch 1 st Seating 9:30-11:30am 2 nd 12:30-2:00pm | |
| 10:30 Rosary-C 11:00 Mass-C ★ 2:00 Bingo (Pay As You Go) NMR ★ 3:00 Christmas w/ The Choir Boys AR1 & 2 | 9 ★ 9:30 Cardio AR1 1:00 Shop Schnucks 1:30 Senior Fitness NH Fitness Rm ★ 2:00 Pass The Wrapped Gift Game. (\$5.00 Gift to Exchange) AR1 Happy B. Day Sr Mary Ellen Lewis & Sr. Carmela Molini | 10 ★ 9:30 Vitality Ballet Exercise Movements AR1 9:30 Walmart 1:30 Food Committee Meets NH D.R ★ 1:15 Chair Yoga AR1 ★ 2:30 Bingo AR1 ★ 6:30 Let's Sing Christmas NH 2 nd Fl Balcony ★ 6:30 A Christmas Memory Channel 7 | 11 ★ 9:00 Tony's Donuts AR2 ★ 9:30 Senior Fitness AR1 ★ 10:30 Lunch at the Blue Owl In Kimmswick Mo. ★ 1:30 Balance Class AR1 2:00 Peace Pole Prayer-C ★ 2:30 Christmas Movie AR1 ★ 5:30 Cub Scouts Caroling Tree Trimming w/ Cub Scouts From Holy Spirit AR2 | 12 ★ 9:30 Chair Yoga w/ Barbara AR1 9:30 Visit The History Museum ★ 1:30 Bonsai Presentation From Sherwood Forest AR2 ★ 3:00 Christmas Musical Bingo \$\$ & Prizes! | 13 ★ 9:30 Music & Motion w/ Sherry AR1 1:30 Penance Service -C ★ 1:30 Bookmobile -L | 14 10:30 Rosary-C 11:00 Mass-C Happy B. Day Herbert Gettemeier & Lorraine O'Hearn | |
| 10:30 Rosary-C 11:00 Mass-C ★ 2:00 Bingo (Pay As You Go) NMR | 16 ★ 9:30 Cardio AR1 9:30 Save -a-Lot ★ 10:30 Christmas Novena -C ★ 12:30 Book Club VH 2 nd floor Media Fitness Rm ★ 12:45 Gym Equipment Instructions Fitness Rm ★ 1:30 Senior Fitness NH F.R ★ 2:30 Entertainment with Just The Two of Us AR1 3:30 Ecumenical Service w/ Rev. Victoria AR1 | 17 10:30 Christmas Novena -C ★ 1:15 Chair Yoga VH 1 st Floor 2:00 Craft w/ Jean -Deli ★ 6:30 Rehka Plays Piano AR2 ★ 6:30 Let's Sing Christmas NH 2 nd Fl Balcony | 18 ★ 9:30 Senior Fitness AR1 10:00 Hollywood Casino 1:00 Post Office ★ 10:30 Christmas Novena -C ★ 1:30 Balance Class AR1 2:00 Bingo AR1 ★ 6:30 Movie -Channel 7 The Christmas Candle | 19 ★ 9:30 Chair Yoga w/ Barbara AR1 9:30 Shop Dollar Tree ★ 10:30 Christmas Novena -C Program ★ 1:30 Belles of Sarah Christmas Program 3:00 Bingo AR1 ★ 3-4 Contemplative Prayer NH 2 nd fl. Back LR. | 20 ★ 9:30 Music & Motion w/ Sherry AR1 ★ 9:30 Donuts w/Director -NL 10-10:45 Confessions -C ★ 10:30 Christmas Novena -C ★ 1:30 Bookmobile -L ★ 2:00 Country Christmas & Birthday party AR1 & 2 Wear your Best Western Out-fit! Winter Begins | 21 10:30 Christmas Novena -C 11:00 Mass-C ★ 1:30 Video & Discussion w/ Marlene AR1 "Silent Night" The Christmas Carol Happy B. Day Sr Hermana Hoelscher | |
| 10:35 Christmas Novena (No Rosary) ★ 2:00 Bingo (Pay As You Go) NMR | 23 ★ 9:30 Cardio AR1 (No 11:00am Mass or Rosary.) ★ 2:00 Bingo AR1 7-8 Christmas Eve Vigil Mass Happy B. Day Pat Ballowe & Etta Duchek & Claire Politowski | 24 11:00 Christmas Mass-C | 25 ★ 9:00 Waffle Wed AR2 ★ 9:30 Senior Fitness AR1 ★ 1:00 Am Vets Post 122 Meeting AR2 ★ 2:30 Video & Discussion w/ Marlene AR1 Mormon Tabernacle Christmas Concert Happy B. Day Tim Campbell Lanaza Begins | 26 ★ 9:30 Chair Yoga w/ Barbara AR1 9:30 Walmart ★ 12:00 Dec. Birthday Lunch & Games AR1 ★ 2:00 Bingo AR1 | 27 ★ 9:30 Music & Motion w/ Sherry AR1 Bookmobile is cancelled ★ 6:30 Movie -Channel 7 A Christmas Snow | 28 10:30 Rosary-C 11:00 Mass-C | |
| 10:30 Rosary-C 11:00 Mass-C 2:00 Bingo (Pay As You Go) NMR | 30 ★ 9:30 Cardio AR1 9:30 Dierbergs 1:30 Travel Time w/ Jean AR2 ★ 6:30 New Years Eve Party AR1 & 2 New Year's Eve | 31 | <p><i>Have a Joyful & a Merry Christmas From All of Us at The Sarah Community</i></p> <p>Rosary & Mass Daily Rosary 10:30am & Mass 11:00am -Chapel</p> | | | | |