

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>★Be Active</p> <p>★Entertained</p> <p>★Spiritual</p> <p>★ Connected</p> <p>★ Nature</p> <p>★Be Creative</p> <p>January 2019</p> <p>Veronica House</p> <p>“Vitality Enrichment”</p>		<p>1</p> <p>Happy New Year!</p> <p>Solemnity of Mary</p> <p>Holy Day of obligation</p> <p>New Year's Day</p>	<p>2</p> <p>★9:30 Senior Fitness AR1</p> <p>9:45 Shop Kohls.</p> <p>★1:30 Balance Class AR1</p> <p>★3:00 Bingo AR1</p> <p>★6:30 Movie Night /Channel 7</p> <p>Ladder 49</p>	<p>3</p> <p>★9:30 Chair Yoga w/ Carol AR1</p> <p>9:15 Shop Dollar Tree</p> <p>★1:30 Belles of Sarah AR1</p> <p>★2:00 Mats for the Homeless VH 2nd Floor Media rm.</p> <p>3:00 Sr. Carmela Presents Her trip to El Paso to work with Migrants. NH 3rd Floor Media Room</p>	<p>4</p> <p>★9:30 Music & Motion w/ Sherry AR1</p> <p>12-4 Adoration-C</p> <p>★1:30 Bookmobile -L</p> <p>★2:00 Bingo AR1</p>	<p>5</p> <p>10:30 Rosary</p> <p>11:00 Mass</p>
<p>10:30 Rosary</p> <p>11:00 Mass</p> <p>3:00 Bingo VH 2nd floor Media Rm</p> <p>Happy B. Day</p> <p>Margaret Nuernberger & S. Karen Seeker</p>	<p>6</p> <p>★9:30 Cardio AR1</p> <p>12:45 Shop Aldi's</p> <p>★1:30 Philosophical Café AR 1</p> <p>★2:00 Ceramics w/ Mary AR2</p>	<p>7</p> <p>★930 Vitality Ballet Exercise Movements AR1</p> <p>9:45 Shop Walmart</p> <p>★2:00 Mats for the Homeless VH 2nd floor media rm.</p> <p>★2:00 Bingo AR1</p>	<p>8</p> <p>★9:30 Senior Fitness AR1</p> <p>10:15 Visit the Art Museum</p> <p>★1:30 Balance Class AR1</p> <p>★3:00 Bingo AR1</p> <p>★6:30 Movie /Channel 7</p> <p>Follow the River</p>	<p>9</p> <p>★9:30 Chair Yoga w/ Carol AR1</p> <p>10:45 Brunch at First Watch</p> <p>★2:00 Mats for the Homeless VH 2nd floor media rm.</p> <p>★2:00 World Bird Sanctuary –Meet and Learn All about Eagles. AR1</p>	<p>10</p> <p>★9:30 Music & Motion w/ Sherry AR1</p> <p>★1:30 Bookmobile -L</p> <p>★2:00 Art Experience w/ Carla AR2</p> <p>2:00 Movie Channel 7 Mr. Poppers Penguins</p> <p>Happy B. Day</p> <p>S.Mary Ann Kendrick</p>	<p>11</p> <p>10:30 Rosary</p> <p>11:00 Mass</p> <p>★1:30 Video & Discussion w/ Marlene – The Big Burn: True Story of 1910 wildfire in Rocky Mts AR1</p>
<p>10:30 Rosary</p> <p>11:00 Mass</p> <p>3:00 Bingo VH 2nd floor Media Rm</p>	<p>13</p> <p>★9:30 Cardio AR1</p> <p>9:15 Schnucks</p> <p>1:30 Food Committee</p> <p>2nd Floor Game Room</p> <p>2:00 Crafts w/ Jean AR2</p>	<p>14</p> <p>9:00 Tony's Donuts AR2</p> <p>9:15 Walgreens</p> <p>★930 Vitality Ballet Exercise Movements AR1</p> <p>2:00 Mats for the Homeless ★VH 2nd floor media rm.</p> <p>★2:00 Bingo AR1</p> <p>3:00 Bible Study w/ Fr. Pio AR2</p> <p>Happy B. Day</p> <p>Robert Weissert</p>	<p>15</p> <p>★9:30 Senior Fitness AR1</p> <p>9:45 Tour The American Parkinson Association Mo..</p> <p>1:00 AM Vets Meeting Post 122-AR2</p> <p>★1:30 Balance Class AR1</p> <p>★3:00 Bingo AR1</p> <p>★6:30 Movie/Channel 7</p> <p>Love Comes Softly</p>	<p>16</p> <p>★9:30 Chair Yoga w/ Carol AR1</p> <p>9:15 Dollar Tree</p> <p>★2:00 Mats for the Homeless VH 2nd floor media rm.</p> <p>3:00 Contemplative Prayer NH 2nd Floor Back LR</p> <p>7:00 Founder's Day Celebration in Chapel</p>	<p>17</p> <p>9:00 STL Symphony Coffee Concert</p> <p>Beethoven and Schumann</p> <p>★9:30 Music & Motion w/ Sherry AR1</p> <p>10-10:45 Confession-C</p> <p>★1:30 Bookmobile -L</p> <p>★2:00 Happy Hour w/ Bill Mason & The Mound City Band AR1 &2</p> <p>Happy B. Day</p> <p>Marie Bamber</p>	<p>18</p> <p>10:30 Rosary</p> <p>11:00 Mass</p>
<p>10:30 Rosary</p> <p>11:00 Mass</p> <p>3:00 Bingo VH 2nd floor Media Rm</p>	<p>20</p> <p>★9:30 Cardio AR1</p> <p>9:15 Save-a-Lot</p> <p>★1:30 Art w. Pat Snow Owls.AR2</p> <p>★1:30 Belles of Sarah AR1</p> <p>2:00 Peace Pole Prayer -C</p> <p>3:00 Bingo AR1</p>	<p>21</p> <p>★930 Vitality Ballet Exercise Movements AR1</p> <p>9:15 Shop Walmart</p> <p>10:00 Heavenly Hash VH Kitchen</p> <p>★2:00 Mats for the Homeless VH 2nd floor media rm.</p> <p>★2:00 Bingo AR1</p> <p>3:30 Parkinson's Support Group w/ Speech Therapist Erica from the Sarah Community. AR2</p> <p>Martin Luther King Day</p> <p>Tu B'Shevat</p>	<p>22</p> <p>★9:30 Senior Fitness AR1</p> <p>1:30 Balance Class AR1</p> <p>★2:00 Community Birthday Party w/ Entertainment By Bryan Foggs AR2</p>	<p>23</p> <p>★9:30 Chair Yoga w/ Carol AR1</p> <p>9:45 Lunch at Pere Marquette & Visitor Center</p> <p>Cash Only for Lunch</p> <p>2:00 Mats for the Homeless VH 2nd floor media rm.</p> <p>★2:00 Ceramics w/ Mary AR2</p> <p>3:00 Travel Time w/ Jean AR1</p>	<p>24</p> <p>★9:30 Music & Motion w/ Sherry AR1</p> <p>10-10:45 Confession-C</p> <p>★1:30 Bookmobile -L</p> <p>2:00 Movie & Refreshments</p> <p>“River's End” AR1</p>	<p>25</p> <p>10:30 Rosary</p> <p>11:00 Mass</p> <p>★1:30 Video & Discussion w/ Marlene –Boston Pops Concerts of Broadway's Best AR1</p>
<p>10:30 Rosary</p> <p>11:00 Mass</p> <p>3:00 Bingo VH 2nd floor Media Rm</p>	<p>27</p> <p>★9:30 Cardio AR1</p> <p>9:15 Dierbergs</p> <p>12:30 Post Office</p> <p>Happy B. Day</p> <p>Marion Goldy</p> <p>Australia Day (observed)</p>	<p>28</p> <p>★930 Vitality Ballet Exercise Movements AR1</p> <p>★2:00 Mats for the Homeless VH 2nd floor media rm.</p> <p>★2:00 Bingo AR1</p> <p>3:00 Bible Study w/ Fr. Pio AR2</p>	<p>29</p> <p>9:00 Waffle Wednesdays AR2</p> <p>★9:30 Senior Fitness AR1</p> <p>9:45 Shop Goodwill Ofallon Mo.</p> <p>1:30 Town Hall Meeting AR1</p> <p>3:00 Bingo AR1</p> <p>★6:30 Movie/Channel 7</p> <p>Fire in the Dark.</p> <p>Happy B. Day</p> <p>S. Romona Meurer & Wanda Mudd</p>	<p>30</p> <p>★9:30 Chair Yoga w/ Carol AR1</p> <p>★12:00 January Birthday Lunch w/ Lee's Chicken & Games & Prizes AR2</p> <p>2:00 Mats for the Homeless VH2nd floor media rm.</p> <p>★2:00 AM Vets Women's Auxiliary AR2</p> <p>3:00 Ecumenical Worship w/ Rev. Victoria AR1</p>	<p>Rosary & Mass Daily in the Chapel</p> <p>Rosary-10:30am</p> <p>Mass-11:00 am</p>	

AR 1 Assembly Rm 1 AR2 Assembly Rm 2 Chapel- C Lobby-L VHM Veronica House Media Rm NMR Naomi Media Rm