

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2019

Naomi House "Vitality Enrichment"

★ Be Active ★ Be Entertained ★ Nature ★ Be Connected ★ Spiritual
★ Be Creative

<p>10:30 Rosary -C 11:00 Mass -C 2:00 Bingo (Pay as you Go) NMR</p> <p>Cinco de Mayo</p>	<p>9:30 Cardio AR1 9:30 Aldi's ★ 1:30 Senior Fitness NH Fitness 2:00 Mo. Historical Society Presentation "How'd That Get Here' Oddities & Mysteries. AR2 7:00 St. Peters Choral Society AR 1 & 2 Happy B. Day Wilma Worley Ramadan</p>	<p>★ 9:30 Vitality Ballet Barre Exercise In NH fitness Rm 2:00 Mats for the Homeless VH 2nd fl 2:00 Bingo AR1 3:00 Bible Study w/ Fr. PioAR2</p>	<p>★ 9:30 Senior Fitness AR1 9:30 Walmart 1:30 Balance Class AR1 3:00 Bingo</p> <p>May Day</p>	<p>★ 9:30 Chair Yoga w/ Carol AR1 11:30 National Day of Prayer At Bridgeton's City Hall 1:30 Belles of Sarah AR1 2:00 Mats for the Homeless VH 2nd fl 2:30 Movie -Channel 7 Comedy "Mother"</p>	<p>9:00 STL Symphony Coffee Concert ★ 9:30 Music & Motion w/ Sherry AR1 12-4 Adoration -C 1:30 Bookmobile -L 2:00 Celebrating Cinco De Mayo & Mariachi Band / Happy Hour AR1 & 2</p>	<p>10:30 Rosary -C 11:00 Mass -C</p>
<p>10:30 Rosary -C 11:00 Mass -C 2:00 Bingo (Pay as you Go) NMR</p> <p>Mother's Day</p>	<p>★ 9:30 Cardio AR1 9:30 Ruler Foods 12:45 Gym Equipment Instructions 1:30 Senior Fitness NH Fitness ★ 1:30 Art Experience w/ Carla AR1 2:00 Parkinson's Support Group w/ Occupational Therapist Jamie Archer AR2 3:15 Happy Hour NL</p>	<p>★ 9:30 Vitality Ballet Barre Exercise & Movements NH Fitness Rm 10:00 Brunch at I-HOP 1:30 Food Committee NDR 2:00 Bingo AR1 2:00 Mats for the Homeless VH 2nd fl</p>	<p>9:00 Tony's Donuts 10:00 Shop Michaels Craft Store ★ 9:30 Senior Fitness AR1 ★ 1:30 Ceramics w/ Mary AR2 1:30 Balance Class AR1 3:00Bingo AR1</p>	<p>9:30 Chair Yoga w/ Carol AR1 2:00 Wear Your Hats to The Celebration of Women Tea Party & Hat Show With Carol Ann Miller AR 1 & 2 2:00 Mats for the Homeless VH 2nd fl</p>	<p>★ 9:30 Music & Motion w/ Sherry AR1 1:30 Bookmobile -L 2-3 Living Rosary AR 1 & 2 Happy B. Day Jackie Crotzer</p>	<p>10:30 Rosary -C 11:00 Mass -C 1:30 Video & Discussion w/ Marlene AR1 Topic: Harry Truman's Birthday Happy B. Day Mary Elmendorf & Dorothy Ward</p>
<p>10:30 Rosary -C 11:00 Mass -C 2:00 Bingo (Pay as you Go) NMR</p> <p>Armed Forces Day</p>	<p>★ 9:30 Cardio AR1 12:30 Book Club Meet VH 2nd M FI Media Rm "The Magpie Murders by Anthony Horowitz 1:00 Schnucks 1:30 Senior Fitness NH Fitness ★ 2:30 Travel Time w/ Jean AR1 Victoria Day (Canada)</p>	<p>★ 9:30 Vitality Ballet Barre Exercise & Movements NH Fitness Rm 9:30 Dollar General 12:30 Post Office 2:00Bingo AR1 2:00 Mats for the Homeless VH 2nd fl 3:00 Bible Study w/ Fr. Pio AR2 Happy B. Day Buricestine Freeman</p>	<p>★ 9:30 Senior Fitness AR1 9:30 Shop Gordman's ★ 11:45 Birthday Lunch w/ Lee's Chicken & Games & Prizes AR2 130 Balance Class AR1 3:00Bingo AR1</p>	<p>9:30 Chair Yoga w/ Carol AR1 9:30 Walking & Bus Tour The St. Louis Abbey & Lunch at Chimis Fresh Mex w/ Victoria 2:00 Mats for the Homeless VH 2nd fl 2:30 Movie Channel 7 "Full of Grace" The story of Mary 3:00 Ecumenical Worship AR1</p>	<p>9:30 Music & Motion w/ Sherry AR1 10-10:45 Confessions 1:30 Bookmobile -L ★ 2:30 Performance by SR. Brenda AR2</p>	<p>10:30 Rosary -C 11:00 Mass -C 1:30 Video & Discussion w/ Marlene AR1 Topic: Big Band Music</p>
<p>10:30 Rosary -C 11:00 Mass -C 2:00 Bingo (Pay as you Go) NMR</p>	<p>★ 9:30 Cardio AR1 9:15 Visit Jefferson Barracks Cemetery w/ Pattonville Fire Dept.. Please fill forms which are In the sign up book Happy B. Day Cass Gambaro & Sr. Rosa Lee Kramer Memorial Day</p>	<p>★ 9:30 Vitality Ballet Barre Exercise & Movements NH Fitness Rm 2:00Bingo AR1 2:00 Mats for the Homeless VH 2nd fl</p>	<p>9:00 Waffle Wed. AR2 ★ 9:30 Senior Fitness AR1 3:00Bingo AR1 Happy B. Day Marjorie Kolb</p>	<p>Holy Day of Obligation Solemnity of the Ascension 9:30 Chair Yoga w/ Carol AR1 9:30 Walmart 2:00 RBG / Biography & Documentary on Supreme Court Justice Ruth Bader Ginsburg AR1 2:00 Mats for the Homeless VH 2nd fl 2-3 Mandalas VH kit</p>	<p>9:30 Music & Motion w/ Sherry AR1 10:00 Lunch at the Forest Park Boat House. 1:30 Bookmobile -L ★ 2:00 Birthday party w/ Crooners Scot & Tricky AR2</p>	<p>AR 1 Assembly Rm 1 AR 2 Assembly Rm 2 Chapel -C VHM Veronica Media Rm NMR Naomi Media Rm</p>