

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday



Saturday



May 2019

Veronica House "Vitality Enrichment"

★ Be Active ★ Be Entertained ★ Nature ★ Be Connected ★ Spiritual
★ Be Creative

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 ★ 9:30 Senior Fitness AR1 9:15 Walmart 1:30 Balance Class AR1 ★ 1:30 Story Telling AR2 3:00 Bingo AR1 Happy B. Day Eugene Kelly <small>May Day</small>	2 9:30 Chari Yoga w/ Carol AR1 ★ 11:15 National Day of Prayer At Bridgeton's City Hall 1:30 Belles of Sarah AR1 2:00 Mats for the Homeless VH 2 nd fl ★ 2:30 Movie -Channel 7 Comedy 'Mother'	3 9:00 STL Symphony Coffee Concert ★ 9:30 Music & Motion w/ Sherry AR1 12-4 Adoration -C 1:30 Bookmobile -L ★ 2:00 Celebrating Cinco De Mayo & Mariachi Band / Happy Hour AR1 &2	4 10:30 Rosary -C 11:00 Mass -C
5 10:30 Rosary -C 11:00 Mass -C 3:00 Bingo -VH 2 nd Floor Media Room <small>Cinco de Mayo</small>	6 9:30 Cardio AR1 ★ 9:15 Aldi's ★ 2:00 Mo. Historical Society Presentation "How'd That Get Here" Oddities & Mysteries. AR2 7:00 St. Peters Choral Society AR 1 &2 <small>Ramadan</small>	7 9:30 Vitality Ballet Barre Exercise In NH fitness Rm 10:00 Heavenly Hash VH Kit. 2:00 Mats for the Homeless VH 2 nd fl 2:00 Bingo AR1 3:00 Bible Study w/ Fr. PioAR2	8 ★ 9:30 Senior Fitness AR1 9:15 The New Dollar Tree 1:30 Balance Class AR1  1:30 Craft Hats for Tea Party AR2 3:00Bingo AR1 ★ 6:30 Channel 7 "Fire Proof"	9 9:30 Chari Yoga w/ Carol AR1 2:00 Wear Your Hats to ★ The Celebration of Women Tea Party & Hat Show With Carol Ann Miller AR 1 &2 2:00 Mats for the Homeless VH 2 nd fl 	10 ★ 9:30 Music & Motion w/ Sherry AR1 9:30 Donuts w/ Tracy 2 nd Fl VH Game Room 1:30 Bookmobile -L ★ 2-3 Living Rosary AR 1 &2 Happy B. Day Avilla Markiewicz	11 10:30 Rosary -C 11:00 Mass -C ★ 1:30 Video & Discussion w/ Marlene AR1 Topic: Harry Truman's Birthday
12 10:30 Rosary -C 11:00 Mass -C 3:00 Bingo -VH 2 nd Floor Media Room Happy B. Day Sr. Maria Liebeck <small>Mother's Day</small>	13 ★ 9:30 Cardio AR1 9:15 Ruler Foods ★ 1:30 Art Experience w/ Carla AR1 ★ 1:30 Food Committee -2 nd floor Game Rm ★ 2:00 Parkinson's Support Group w/ Occupational Therapist Jamie Archer AR2	14 ★ 9:30 Vitality Ballet Barre Exercise & Movements NH Fitness Rm 10:00 Brunch at I-HOP ★ 2:00 Bingo AR1 2:00 Mats for the Homeless VH 2 nd fl	15 9:00 Tony's Donuts 9:45 Shop Michaels Craft Store ★ 9:30 Senior Fitness AR1 ★ 1:30 Ceramics w/ Mary AR2 1:30 Balance Class AR1 3:00Bingo AR1	16 9:30 Chari Yoga w/ Carol AR1 11:15 Breaking Bread "Take Me Out to the Ball Game AR 1 &2 1:45 Belles of Sarah AR1 2:00 Mats for the Homeless VH 2 nd fl 3-4 Contemplative Prayer NH 2 nd fl back LR 6:30 Boeijing Choirs Performs AR1	17 ★ 9:30 Music & Motion w/ Sherry AR1 10-10:45 Confessions 1:30 Bookmobile -L 2:30 Movie -Channel 7 Hallmark "In From the Night"	18 10:30 Rosary -C 11:00 Mass -C ★ 8:00-4:00pm Am Vets Yearly Garden Up Keep w/ Boy Scouts 2n floor Patio <small>Armed Forces Day</small>
19 10:30 Rosary -C 11:00 Mass -C 3:00 Bingo -VH 2 nd Floor Media Room	20 9:30 Cardio AR1 12:45 Schnucks ★ 1:30 Art w/ Pat AR2 ★ 2:30 Travel Time w/ Jean AR1 <small>Victoria Day (Canada)</small>	21 ★ 9:30 Vitality Ballet Barre Exercise & Movements NH Fitness Rm 9:15 Dollar General ★ 2:00Bingo AR1 2:00 Mats for the Homeless VH 2 nd fl 3:00 Bible Study w/ Fr. Pio AR2	22 ★ 9:30 Senior Fitness AR1 9:15 Shop Gordman's ★ 11:45 Birthday Lunch w/ Lee's Chicken & Games & Prizes AR2 130 Balance Class AR1 3:00Bingo AR1	23 9:30 Chari Yoga w/ Carol AR1 9:15 Walking & Bus Tour The St. Louis Abbey & Lunch Chimis Fresh Mex w/ Victoria 2:00 Mats for the Homeless VH 2 nd fl 2:30 Movie Channel 7 "Full of Grace" The story of Mary ★ 3:00 Ecumenical Worship AR1	24 ★ 9:30 Music & Motion w/ Sherry AR1 10-10:45 Confessions 1:30 Bookmobile -L ★ 2:30 Performance by SR. Brenda AR2	25 10:30 Rosary -C 11:00 Mass -C ★ 1:30 Video & Discussion w/ Marlene AR1 Topic: Big Band Music
26 10:30 Rosary -C 11:00 Mass -C 3:00 Bingo -VH 2 nd Floor Media Room	27 9:30 Cardio AR1 9:00am Visit Jefferson Barracks Cemetery w/ The Pattonville Fire Dept. Please fill out forms which are Located in your sign up book Happy B. Day Sr. Dorothy Venhaus <small>Memorial Day</small>	28 9:30 Vitality Ballet Barre Exercise & Movements NH Fitness Rm 2:00Bingo AR1 2:00 Mats for the Homeless VH 2 nd fl	29 9:00 Waffle Wed. AR2 ★ 9:30 Senior Fitness AR1 ★ 1:30 Town Hall AR1 3:00Bingo AR1 Happy B. Day Ann Giese	30 Holy Day of Obligation Solemnity of the Ascension 9:30 Chari Yoga w/ Carol AR1 9:15 Walmart 2:00 RBG / Biography & Documentary on Supreme Court Justice Ruth Bader Ginsburg AR1 2:00 Mats for the Homeless VH 2 nd fl 2-3 Mandalas VH kit Happy B. Day Betty Green	31 ★ 9:30 Music & Motion w/ Sherry AR1 9:45 Lunch at the Forest Park Boat House 1:30 Bookmobile -L ★ 2:00 Birthday party w/ Crooners Scot & Tricky AR2	AR 1 Assembly Rm 1 AR 2 Assembly Rm 2 Chapel -C VHM Veronica Media Rm NMR Naomi Media Rm

