

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

June 2019

Naomi House "Vitality Enrichment"

- ★ Be Active
- ★ Spiritual
- ★ Nature
- ★ Be Entertained
- ★ Be Creative

★ Be Connected

							10:30 Rosary-C 11:00 Mass -C
Ascension Sunday 10:30 Rosary-C 11:00 Mass -C 2:00 Bingo-(Pay as you go) NMR	2 ★9:30 Cardio AR1 ★12:45 Gym Equipment Instructions w. 11:30-1:00 BBQ w/ Pattonville Fire Dept. AR1 & 2 1:00 Shop Aldi's 1:30 Senior Fitness NH Fitness Room ★2:00 Crafts w/ Jean AR2	3 9:30 Walgreens ★9:30 Vitality Ballet NH Fitness Room ★2:00 Bingo AR1 2:00 Mats for the Homeless VH Media Rm 2 nd floor 6:30 Movie Channel 7 "Defending Your Life"	4 ★9:30 Senior Fitness AR1 11:00 Brunch at Black Bear Restaurant ★1:30 Balance Class NH Fitness Rm ★3:00 Bingo AR1	5 9:30 Shop Walmart ★9:30 Chair Yoga w/ Carol NH Fitness Room ★1:30 Belles of Sarah AR1 2:00 Mats for the Homeless VH Media Rm 2 nd floor 3:00 Travel time w/ Jean AR1 3:00 Women of the Bible w/ Rev. Victoria NMR	6 ★9:30 Music & Motion w/ Sherry AR1 12-4 Adoration-C 1:30 Book Mobile -L ★2:00 Community Birthday Party w/ Entertainment AR2 Happy B. Day Sr. Reina Quiroz	7 10:30 Rosary-C 11:00 Mass -C ★1:30 Video & Discussion w/ Marlene AR1 75 Anniversary of D-Day (Turning point of WWII)	8
Pentecost Sunday 10:30 Rosary-C 11:00 Mass -C 2:00 Bingo-(Pay as you go) NMR ★3:00 One More Round Tribute to Johnny Cash Band AR2 <small>Shavuot</small>	9 ★9:30 Cardio AR1 9:30 Shop Schnucks ★1:30 Senior Fitness NH Fitness Room 1:30 Ceramics w/ Mary AR2 ★3:15 Happy Hour w/ Roland Harris NI	10 ★9:30 Vitality Ballet NH Fitness Room ★1:30 Food Committee NDR ★2:00 Bingo AR1 2:00 Mats for the Homeless VH Media Rm 2 nd floor	11 ★9:30 Senior Fitness Naomi House Fitness Rm 10:30 Cardinal Nation for Lunch and Hall of Fame Museum: \$8.00 ★1:30 Balance Class NH Fitness Room 2:30 Hallmark's Channel 7 "The Water is Wide"	12 9:30 Shop Dollar Tree ★9:30 Chair Yoga w/ Carol NH Fitness Rm ★ 1:30 Am Vets Post 122 "Honoring our Fathers" AR2 2:00 Mats for the Homeless VH Media Rm 2 nd floor 2:00 Mandalas VH Kit 3:00 Bingo AR1	13 ★9:30 Music & Motion w/ Sherry AR1 10:00 Confessions-C ★12:00 Celebration For Men's Lunch AR2 1:30 Book Mobile -L ★2:00 Community Celebration & Happy Hour with Entertainment AR2 <small>Flag Day (US)</small>	14 10:30 Rosary-C 11:00 Mass -C	15
Happy Father's Day 10:30 Rosary-C 11:00 Mass -C 2:00 Bingo-(Pay as you go) NMR <small>Father's Day</small>	16 ★9:30 Cardio AR1 9:30 Shop Ruler Foods 12:30 Book Club- "The Wright Brothers VH 2 nd Fl. Media Rm St. Joseph's Cotteville 8th Graders Visits ★1:30 Stamp Picture Art AR2 ★12:45 Gym Equipment Instructions 1:30 Senior Fitness NH Fitness Room	17 9:00 Tony's Donuts AR2 9:30 Vitality Ballet NH Fitness Room ★9:30 Shop Dollar General ★2:00 Bingo AR1 2:00 Mats for the Homeless VH Media Rm 2 nd floor 6:30 Movie- Repeat Channel 7 War Room/Power of Prayer 6:30 Piano by Rekha Dravina AR2	18 9:30 Senior Fitness AR1 ★11:45 June's Birthday Lunch w/ Lee's Chicken AR2 1:30 Balance Class NH ★1:30 Finish Art work with Students AR2 2:00 Peace Pole Prayer Service Chapel 3:00 Bingo AR1	19 ★9:30 Chair Yoga w/ Carol Naomi House Fitness Rm 11:15 Breaking Bread Tropical w/ entertainment & St. Joseph's Students AR1 & 2 ★1:45 Belles of Sarah AR1 2:00 Mats for the Homeless VH Media Rm 2 nd floor 3:00 Contemplative Prayer NH 2 nd floor Happy B. Day Helen Cheek & Sr. Louise Roseman	20 ★9:30 Music & Motion w/ Sherry AR1 ★9:30 Donuts w/ Director NL 1:30 Book Mobile -L ★2:00 Movie "A Dogs Way Home" <small>Summer Begins</small>	21 10:30 Rosary-C 11:00 Mass -C ★1:30 Video & Discussion w/ Marlene AR1 Dwight Eisenhower, one of the Best WWII generals	22
10:30 Rosary-C 11:00 Mass -C 2:00 Bingo-(Pay as you go) NMR	23 ★9:30 Cardio AR1 9:30 Shop Dollar Tree 12:00 Post office & Bank ★1:30 Senior Fitness NH Fitness Room ★2:30 Town Hall AR1 Guest from The YMCA & Silver Sneakers. Happy B. Day John O'Reill	24 ★9:30 Vitality Ballet NH Fitness Room 10:00 Hollywood Casino ★2:00 Bingo AR1 2:00 Mats for the Homeless VH Media Rm 2 nd floor	25 9:00 Waffle Wednesday AR ★9:30 Senior Fitness AR1 10:00 Tour Frank Lloyd Wright House in Ebsworth Park \$10.00 for Tour & Lunch w/ Rev. Victoria ★3:00 Bingo AR1 6:30 Movie- Channel 7 The Valley of Light	26 9:30 Shop Target ★9:30 Chair Yoga w/ Carol NH fitness Rm ★2:00 Recycling Information from The Earth City Recycling Services AR2 2:00 Mats for the Homeless VH Media Rm 2 nd floor 3:00 Ecumenical Worship AR1 Happy B. Day Dorothy Alexander	27 ★9:30 Music & Motion w/ Sherry AR1 10:00 Confessions-C 1:30 Book Mobile -L ★Pre July 4 Celebration AR1 & 2 1:30 Snow Cones - Out side & 2:00 Fife & Drum 2:30 Patriotic Songs by The Joyful Notes Choral Group Happy B. Day Ken Dowden & Albert Brockmeyer	28 10:30 Rosary-C 11:00 Mass -C	29 Happy B. Day Patricia Hawn
10:30 Rosary-C 11:00 Mass -C 2:00 Bingo-(Pay as you go) NMR	30						

Rosary & Mass are Daily in the Marion Chapel

Rosary - 10:30am

Mass - 11:00am