

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays This Month: Joan Roach and Colleen Calhoun- 11/3 Perry Venable- 11/7 Robert Howard- 11/17 Joan Otto- 11/19 Sr. Carolyn Sur- 11/21 Felix Dancy- 11/30	*10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *1:00 Senior Fitness w/ Carol- AR 1 ALL SAINTS DAY	*9:30 Vitality Ballet-NHFR *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *2:00 Quarter Bingo-AR 2	*9:00 Senior Fitness w/ Carol- NFR 10:00 Sing-a-long- HH *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *1:30 Town Hall- AR 1	*9:30 Cardio Exercise w/ Therapy Dept- AR 1 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *2:30 Music w/ Troy- HH	*9:30 Music and Motion w/ Sherry-AR 1 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *1:30 Book Mobile-L	*10:00 Exercise Ch. 7 10:00 Board Games- AR 2 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *Receptionist will deliver mail!
*10:00 Exercise Ch. 7 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 1:30 1-1's on the HH's <small>Daylight Saving Time Ends</small>	*10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *1:00 Senior Fitness w/ Carol- AR 1 *2:00 Resident Council- Conf Rm B *3:00 Art w/ Carla- VMR	*9:30 Vitality Ballet-NHFR 10:00 Let's Get Cooking-HH 10:30 Rosary *11:00 Mass Ch. 51 *2:00 Candy Bingo-AR 2	*9:00 Senior Fitness w/ Carol- AR 1 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *3:00 Community Social w/ Marty Abdulah- AR 1	*9:30 Cardio Exercise w/ Therapy Dept- AR 1 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 2:00 World Bird Sanctuary: Veterans Day- AR 1 <small>Veterans Day Remembrance Day (Canada)</small>	*9:30 Music and Motion w/ Sherry-NFR *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *1:30 Book Mobile-L CRAFT FAIR 9AM-3PM: AR 1 and 2	*10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *Care Partner will deliver mail!
*10:30 Rosary Ch. 51 *11:00 Mass Ch. 51	*10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *1:00 Senior Fitness w/ Carol- AR 1 2:00 Thanksgiving Crafts- AR2	*9:30 Vitality Ballet-NHFR 10:00 Thanksgiving Fun Facts-HH *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 2:00 Community Happy Hour w/ John Scott- AR 2	*9:00 Senior Fitness w/ Carol- AR 1 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *2:00 Super Sweet Social w/ Jan Marra- AR 2	*9:30 Cardio Exercise w/ Therapy Dept- AR 1 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *2:30 Music w/ Troy- HH	*9:30 Music and Motion w/ Sherry-AR 1 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *1:30 Book Mobile-L 2:00 Get to Know the Staff- AR 2	*10:00 Exercise Ch. 7 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 1:30 1-1's on the HH's *Receptionist will deliver mail!
*10:00 Exercise Ch. 7 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 1:00 Movie: POMS- AR 1	*10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *1:00 Senior Fitness w/ Carol- AR 1 2:00 Thankful Leaves- AR 1	*9:30 Vitality Ballet-NHFR 10:00 Turkey Toss- HH *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 2:00 Community Birthday Party w/ Don Stevenson-AR 2	*9:00 Senior Fitness w/ Carol- AR 1 9:00 Waffle Wednesday- AR 2 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *2:00 Candy Bingo-AR 2	*9:30 Cardio Exercise w/ Therapy Dept- AR 1 9:30 Movie: A Charlie Brown Thanksgiving!- AR 1 or Ch. 7 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 HAPPY THANKSGIVING! <small>Thanksgiving Day</small>	*9:30 Music and Motion w/ Sherry-AR 1 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *1:30 Book Mobile-L	*10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *Care Partner will deliver mail!
*10:30 Rosary Ch. 51 *11:00 Mass Ch. 51	*10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *1:00 Senior Fitness w/ Carol- AR 1	9:00 Tony's Donuts-AR 2 *9:30 Vitality Ballet-NHFR 10:00 Outing: Scenic Drive *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 *2:00 Quarter Bingo- AR 2				

1-1's are done daily M-F between 10am-12pm and 1pm-3pm

***Be Active *Be Creative *Be Entertained *Be Connected *Spiritual**