

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="font-family: cursive;">January 2022</h1> <h2 style="font-weight: bold;">NAOMI HOUSE</h2>						*10:30 Rosary Ch. 51 *11:00 Mass Ch. 51  New Year's Day
*10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 2:00 Bingo! Resident Run-NMR	<b>2</b> <u>9:45 Aldis</u> *1:00 Senior Fitness w/ Carol- AR 2 *2:00 Winter Party w/ Roland Harris- AR 1	<b>3</b> *9:30 Vitality Ballet-NHFR <u>9:45 Shop Walgreens</u> *2:00 Bingo-AR 2	<b>4</b> *9:00 Senior Fitness w/ Carol- AR 1 <u>10:30 Golden Corral for lunch</u> *1:00 Centering Prayer- 2 <sup>nd</sup> FLR Naomi *2:00 Bingo-AR 2	<b>5</b> *9:30 Cardio Exercise w/ Therapy Dept- AR 1 *1:30 Belles of Sarah- AR 1 *2:00 Happy Hour w/ Cindy Ankelman- NH lobby	<b>6</b> *9:30 Music and Motion w/ Sherry-NFR *1:30 Book Mobile-L *2:00 Bingo-NMR	<b>7</b> *10:00 Exercise Ch. 7 *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 1:00 Movie Ch. 7
<b>8</b> *10:00 Exercise Ch. 7 <u>10:30 Shop Manhattan Antique Mall and lunch at Applebee's</u> *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 2:00 Bingo! Resident Run-NMR	<b>9</b> <u>9:45 NCJW The Resale Shop</u> *1:00 Senior Fitness w/ Carol- AR 1 *3:00 Art W/ Carla- VMR	<b>10</b> *9:30 Vitality Ballet-NHFR 1:30 Food Committee- NDR *2:00 Community Happy Hour w/ Ken Roberts- AR 2 3:00 Bible Study w/ Fr. Pio- AR 1	<b>11</b> *9:00 Senior Fitness w/ Carol- AR 1 *1:00 Centering Prayer- 2 <sup>nd</sup> FLR Naomi *2:00 Bingo-AR 2	<b>12</b> 9:00 Tony's Donuts-AR 2 *9:30 Cardio Exercise w/ Therapy Dept- AR 1 1:00 Gym Instructions- NHFR	<b>13</b> *9:30 Music and Motion w/ Sherry-NFR <u>10:00 Outing: Shop Valley Industries and lunch at White Castle</u> *1:30 Book Mobile-L *2:00 Bingo-NMR	<b>14</b> *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51
<b>15</b> *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 2:00 Bingo! Resident Run-NMR	<b>16</b> <u>9:45 Trader Joes</u> *1:00 Senior Fitness w/ Carol- AR 1  Martin Luther King Jr. Day	<b>17</b> *9:30 Vitality Ballet-NHFR <u>10:00 Cracker Barrel- lunch and shop</u> *2:00 Bingo-AR 2	<b>18</b> *9:00 Senior Fitness w/ Carol- AR 1 <u>9:45 Shop Kohls</u> *1:00 Centering Prayer- 2 <sup>nd</sup> FLR Naomi *2:00 Bingo-AR 2	<b>19</b> *9:30 Cardio Exercise w/ Therapy Dept- AR 1 *1:30 Belles of Sarah- AR 1 *2:30 Community Birthday Party w/ Sterling Lloyd- AR 2	<b>20</b> *9:30 Music and Motion w/ Sherry-NFR <u>10:00 Outing: Visit The Heritage Museum</u> *1:30 Book Mobile-L *2:00 Bingo-NMR	<b>21</b> *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51
<b>22</b> *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 2:00 Bingo! Resident Run-NMR NATIONAL ACTIVITY PROFESSIONALS' WEEK! Activity Professionals Week	<b>23</b> <u>9:45 Schnucks</u> *1:00 Senior Fitness w/ Carol- AR 1 *2:00 Creative Crafting- AR 2	<b>24</b> *9:30 Vitality Ballet-NHFR *2:00 Bingo-AR 2 3:00 Bible Study w/ Fr. Pio- AR 1	<b>25</b> *9:00 Senior Fitness w/ Carol- AR 1 9:00 Waffle Wednesday- AR2 *1:00 Centering Prayer- 2 <sup>nd</sup> FLR Naomi *2:00 Social w/ Jan Marra- AR 2 Australia Day (observed)	<b>26</b> *9:30 Cardio Exercise w/ Therapy Dept- AR 1 <u>9:45 Shop Walmart</u> 1:00 Gym Instructions- NHFR 2:30 Get to Know the Staff: Life Enrichment- AR 2	<b>27</b> *9:30 Music and Motion w/ Sherry-NFR *1:30 Book Mobile-L *2:00 Bingo-NMR	<b>28</b> *10:00 Exercise Ch. 7 <u>10:30 Shop Dollar General and lunch at Catfish Kettle!</u> *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 1:30 Movie CH. 7
<b>29</b> *10:30 Rosary Ch. 51 *11:00 Mass Ch. 51 2:00 Bingo! Resident Run-NMR	<b>30</b> <u>9:45 Big Lots</u> *1:00 Senior Fitness w/ Carol- AR 1 2:30 Town Hall- AR 1	<b>31</b> Rosary and Mass everyday starting at 10:30 in the chapel or on Ch. 51 				<b>Birthdays:</b> 1/9: Virginia Pellowski and William Harbaugh 1/13: Virginia Worley 1/17: Sr. Rose Daily 1/18: Sr. Sarah Sykes 1/21: William Mason 1/23: Monica Koch 1/25: Mardie Crowe 1/27: Sr. Helene Melides 

Sign-up sheets for all outings and doctor runs is located in the NH lobby- All outings are underlined

\*Be Active \*Be Creative \*Be Entertained \*Be Connected \*Spiritual