

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

January 2022

VERONICA HOUSE

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|--|---|--|--|---|--|--|--|
| <p>*10:30 Rosary Ch. 51</p> <p>*11:00 Mass Ch. 51</p> <p>3:00 Bingo! Resident Run-NMR</p> | <p>2</p> <p><u>9:45 Aldis</u></p> <p>*1:00 Senior Fitness w/ Carol- AR 2</p> <p>*2:00 Winter Party w/ Roland Harris- AR 1</p> | <p>3</p> <p>*9:30 Vitality Ballet-NHFR</p> <p><u>9:45 Shop Walgreens</u></p> <p>*2:00 Bingo-AR 2</p> | <p>4</p> <p>*9:00 Senior Fitness w/ Carol- AR 1</p> <p><u>10:30 Golden Corral for lunch</u></p> <p>*1:00 Centering Prayer- 2nd FLR Naomi</p> <p>*2:00 Bingo-AR 2</p> | <p>5</p> <p>*9:30 Cardio Exercise w/ Therapy Dept- AR 1</p> <p>*1:30 Belles of Sarah- AR 1</p> | <p>6</p> <p>*9:30 Music and Motion w/ Sherry-NFR</p> <p>*1:30 Book Mobile-L</p> | <p>7</p> <p>*10:00 Exercise Ch. 7</p> <p>*10:30 Rosary Ch. 51</p> <p>*11:00 Mass Ch. 51</p> <p>1:00 Movie AR 1</p> | |
| <p>10:00 Exercise Ch. 7</p> <p><u>10:30 Shop Manhattan Antique Mall and lunch at Applebee's</u></p> <p>*10:30 Rosary Ch. 51</p> <p>*11:00 Mass Ch. 51</p> <p>3:00 Bingo! Resident Run-NMR</p> | <p>9</p> <p><u>9:45 NCJW The Resale Shop</u></p> <p>*1:00 Senior Fitness w/ Carol- AR 1</p> <p>1:30 Food Committee- VDR</p> <p>*3:00 Art W/ Carla- VMR</p> | <p>10</p> <p>*9:30 Vitality Ballet-NHFR</p> <p>*2:00 Community Happy Hour w/ Ken Roberts- AR 2</p> <p>3:00 Bible Study w/ Fr. Pio- AR 1</p> | <p>11</p> <p>*9:00 Senior Fitness w/ Carol- AR 1</p> <p>*1:00 Centering Prayer- 2nd FLR Naomi</p> <p>*2:00 Bingo-AR 2</p> | <p>12</p> <p>9:00 Tony's Donuts-AR 2</p> <p>*9:30 Cardio Exercise w/ Therapy Dept- AR 1</p> <p>1:00 Gym Instructions- NHFR</p> | <p>13</p> <p>*9:30 Music and Motion w/ Sherry-NFR</p> <p><u>10:00 Outing: Shop Valley Industries and lunch at White Castle</u></p> <p>*1:30 Book Mobile-L</p> | <p>14</p> <p>*10:30 Rosary Ch. 51</p> <p>*11:00 Mass Ch. 51</p> | |
| <p>*10:30 Rosary Ch. 51</p> <p>*11:00 Mass Ch. 51</p> <p>3:00 Bingo! Resident Run-NMR</p> | <p>16</p> <p><u>9:45 Trader Joes</u></p> <p>*1:00 Senior Fitness w/ Carol- AR 1</p> <p style="text-align: center;"><small>Martin Luther King Jr. Day</small></p> | <p>17</p> <p>*9:30 Vitality Ballet-NHFR</p> <p><u>10:00 Cracker Barrell- lunch and shop</u></p> <p>*2:00 Bingo-AR 2</p> | <p>18</p> <p>*9:00 Senior Fitness w/ Carol- AR 1</p> <p><u>9:45 Shop Kohls</u></p> <p>*1:00 Centering Prayer- 2nd FLR Naomi</p> <p>*2:00 Bingo-AR 2</p> | <p>19</p> <p>*9:30 Cardio Exercise w/ Therapy Dept- AR 1</p> <p>*1:30 Belles of Sarah- AR 1</p> <p>*2:30 Community Birthday Party w/ Sterling Lloyd- AR 2</p> | <p>20</p> <p>*9:30 Music and Motion w/ Sherry-NFR</p> <p><u>10:00 Outing: Visit The Heritage Museum</u></p> <p>*1:30 Book Mobile-L</p> | <p>21</p> <p>*10:30 Rosary Ch. 51</p> <p>*11:00 Mass Ch. 51</p> | |
| <p>*10:30 Rosary Ch. 51</p> <p>*11:00 Mass Ch. 51</p> <p>3:00 Bingo! Resident Run-NMR</p> <p style="text-align: center;">NATIONAL ACTIVITY PROFESSIONALS' WEEK!</p> <p style="text-align: center;"><small>Activity Professionals Week</small></p> | <p>23</p> <p><u>9:45 Schnucks</u></p> <p>*1:00 Senior Fitness w/ Carol- AR 2</p> <p>*2:00 Creative Crafting- AR 2</p> | <p>24</p> <p>*9:30 Vitality Ballet-NHFR</p> <p>*2:00 Bingo-AR 2</p> <p>3:00 Bible Study w/ Fr. Pio- AR 1</p> | <p>25</p> <p>*9:00 Senior Fitness w/ Carol- AR 1</p> <p>9:00 Waffle Wednesday-AR2</p> <p>*1:00 Centering Prayer- 2nd FLR Naomi</p> <p>*2:00 Social w/ Jan Marra- AR 2</p> <p>2:30 Town Hall AR 1</p> <p style="text-align: center;"><small>Australia Day (observed)</small></p> | <p>26</p> <p>*9:30 Cardio Exercise w/ Therapy Dept- AR 1</p> <p><u>9:45 Shop Walmart</u></p> <p>1:00 Gym Instructions- NHFR</p> <p>2:30 Get to Know the Staff: Life Enrichment- AR 2</p> | <p>27</p> <p>*9:30 Music and Motion w/ Sherry-NFR</p> <p>*1:30 Book Mobile-L</p> | <p>28</p> <p>10:00 Exercise Ch. 7</p> <p><u>10:30 Shop Dollar General and lunch at Catfish Kettle!</u></p> <p>*10:30 Rosary Ch. 51</p> <p>*11:00 Mass Ch. 51</p> <p>1:30 Movie CH. 7</p> | |
| <p>10:00 Exercise Ch. 7</p> <p>*10:30 Rosary Ch. 51</p> <p>*11:00 Mass Ch. 51</p> <p>3:00 Bingo! Resident Run-NMR</p> | <p>30</p> <p><u>9:45 Big Lots</u></p> <p>*1:00 Senior Fitness w/ Carol- AR 1</p> | <p>31 *Rosary and mass daily starting at 10:30am and 11:00am in the Chapel or Ch. 51!</p> | | | | | <p style="text-align: center;">DECEMBER BIRTHDAYS:</p> <p>Sr. Karen Seeker- 1/6</p> <p>Sr. Michaelina Dunne- 1/12</p> <p>Robert Weissert- 1/15</p> <p>Raymond Brennan- 1/24</p> <p>Marian Klusmeyer- 1/26</p> <p>Marion Goldy- 1/28</p> |